Swell

MULLALOO BEACH

SOMETHING TRADITIONAL

Pistachio Pancakes 25
Pancakes, mascarpone, pistachio cream, coffee soil, raspberry compote
Add maple syrup +2

The Swell Breakfast 32 gfo NF
2 eggs your way, bacon, field mushrooms, roast tomato, hash brown, sausage, grain toast

The Vego Breakfast 32 gfo NF V VGO
2 eggs your way, field mushroom, roast tomato, ½ avo, hash brown, spinach, grain toast

Eggs Benedict 27 gfo NF
2 free range poached eggs, hollandaise sauce, grain toast
With your choice of:
Bacon or Norwegian Smoked Salmon (I)
Add Hash brown +6

Brisket Benedict 30 gfo
Thick cut brioche, 2 poached eggs, chipotle hollandaise, pickles

Smashed Avo 25 gfo dfo NF (contains sesame)
Smashed avo, sourdough toast, beetroot hummus, fetta, poached egg, nut free dukkah

Eggs on Toast 16 gfo dfo
2 free range eggs on super grain toast

SOMETHING DIFFERENT

Huevos Rancheros 25 gfo VO
Soft chorizo, spiced tomato sugo, fried egg, cannelini beans, jalapeno, coriander sour cream, dukkah, ciabatta loaf

Corn Fritters 28 gf
Corn & zucchini fritters, poached eggs, pickled jalapeno, chipotle hollandaise, coriander sour cream
With your choice of:
Bacon, Norwegian Smoked Salmon (I) or Halloumi

Swell Bowl 26 GF, VG, NF
Quinoa, smashed pumpkin, ½ avo, roasted chickpeas, pickled red cabbage, edamame, alfalfa, harissa tahini dressing, seeds

Coconut Pannacotta 22 gf VG
House made granola, coconut yoghurt, berry coulis, passionfruit sauce, seasonal fruit

Harvest Brunch 26 NF (contains sesame)
Pumpkin and poppy seed loaf, smashed pumpkin, maple whipped ricotta, poached eggs, chilli crunch, pepita praline

Smoked Salmon & Avocado 28 NF
Hash brown, smoked salmon (I), ½ avo, poached eggs, hollandaise

SIDES

Sides can only be added to a main meal, they are not for individual sale. No substitutions, additions only.

Bacon	7	Sausage	6
1 egg	4	Smoked Salmon (I)	8
Hash Brown	6	Fresh Spinach	4
Grilled Halloumi	8	Smashed Avocado	6
Fetta	4	1/2 Avocado	6
Field Mushroom	7	Roast Tomato	5
Spicy Beans	4	Gluten Free Bread	+2

GF gluten free | gfo gluten free option | DF dairy free | NF nut free | V vegetarian | VG vegan

Not all ingredients are listed, please notify your waiter with any dietary requirements or allergens.
Although great care is taken, we cannot guarantee any dish to be free of allergens.
Please note that all card payments incur a 1.1% transaction fee

Breakfast

Swell

MULLALOO BEACH

GRAND CENTRAL COFFEE

Flat white, cappucino, latte, long black | 5.0 | 5.6

Long macchiato, mocha, hot chocolate, chai latte, turmeric latte, butterfly pea | 5.2 | 5.8

Espresso | 3.5

Double espresso, short macchiato | 4

Alt Milks: | 1
Almond, lactose free, oat, macadamia, coconut

Soy Milk | .50

Extra shot, decaf | .50

INFUSE LOOSE LEAF TEA | 5

Pot of tea 500ml
English Breakfast, french earl grey chamomile, moroccan mint, green sencha, masala Chai, Lemongrass and Ginger

SMOOTHIES | 11

Blind Date
Banana, rolled oats, cinnamon, dates, milk

Mango Unchained
Mango, papaya, passionfruit, apple juice

Berry & the Beast
Mixed berries, chia seeds, cherries, apple juice

Tim Kale
Kale, celery, spinach, banana, spice blend, apple juice

BREAKFAST COCKTAIL

Prosecco Mimosa | 15
Vignarosa Prosecco, Orange juice

Bloody Maria | 17
Tequila, tomato juice, sriracha, Worcestershire with fresh lime

Baileys Iced Coffee | 16
Baileys Irish Liqueur, espresso, vanilla ice cream,milk topped with whipped cream

SQUISHED COLD PRESSED JUICE

Fresh Orange Juice | 9

Bazinga | 10
Ginger, pineapple, lime, pear, apple, carrot

Hakuna Matata | 9.5
Apple, watermelon, strawberry

Hulk | 9.5
Kale, lemon, apple,

Dr Beet | 9.5
Beetroot, celery, apple

SHAKES AND ICED DRINKS

Oreo Shake | 10
Oreo cookies, ice cream, milk, chocolate sauce, whipped cream

Classic Milkshake | 8
Chocolate, strawberry, caramel, vanilla, banana, spearmint or blue heaven

Iced Coffee | 8
Iced Mocha | 8
Iced Chocolate | 8
Iced Latte | 6
Iced Long Black | 6
Iced Chai | 7

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