

# Swell

## MULLALOO BEACH

### SOMETHING TRADITIONAL

<b>Buttermilk Pancakes</b> Wattle seed caramel, chantilly cream, blueberry compote, brown sugar crumble Add maple syrup +2	22 NF
<b>The Swell Breakfast</b> 2 free range fried eggs, bacon, field mushrooms, confit tomato, hash brown, sausage, grain toast	29 gfo NF
<b>The Vego Breakfast</b> 2 free range fried eggs, field mushroom, confit tomato, half avo, hash brown, grain toast	29 gfo NF V VO
<b>Eggs Benedict</b> 2 free range poached eggs, hollandaise sauce, grain toast With your choice of: Bacon or Smoked Salmon Add Hash brown +5	25 gfo NF
<b>Smashed Avo on Rye</b> Free range poached egg, smashed avo, leek jam, spring veg slaw, seeds, fried leeks	25 gfo V, VGO, NF, DFO
<b>Eggs on Toast</b> 2 free range eggs on super grain toast	14 gfo +2

### SOMETHING DIFFERENT

<b>Huevos Rancheros</b> Soft chorizo, spiced tomato sugo, fried egg, cannellini beans, jalapeno, coriander sour cream, dukkah, ciabatta loaf	25 gfo
<b>Roast Mushrooms</b> Roasted field mushrooms, white bean puree, poached egg, cavolo nero salsa verde, toasted sourdough	24 VGO, V, gfo, NF, DFO
<b>Bubble and Squeek</b> 2 free range poached eggs, veggie hash brown, green goddess dressing, crispy kale	26 V, DF, NF
<b>Sunrise Bowl</b> Grain free nutty granola, vanilla bean labneh, seasonal fruit, charred pineapple, wild flower honey and milk	20 V, DFO, VGO, GF
<b>Gardeners Plate</b> 2 free range poached eggs, homemade pumpkin & poppyseed loaf, spring veg slaw, marinated fetta topped with spicy crispy kale Add Halloumi + 6 gf	23 NF, V

### SIDES GF

Sides can only be added to a main meal, they are not for individual sale

Bacon	6	Sausage	5
1 egg	4	Smoked Salmon	6
Hash brown	5	Fresh spinach	4
Grilled Halloumi	6	Smashed Avocado	5
Feta	4	1/2 Avocado	5
Field Mushroom	6	Confit tomato	5
Spicy Beans	4	Gluten free bread	+2

GF gluten free | gfo gluten free option | DF dairy free | NF nut free | V vegetarian | VG vegan

Not all ingredients are listed, please notify your waiter with any dietary requirements or allergens.  
Although great care is taken, we cannot guarantee any dish to be free of allergens.

# Breakfast

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### GRAND CENTRAL COFFEE

Flat white, cappuccino,  
latte, long black | 4.6 | 5.2

Long macchiato, mocha,  
hot chocolate, chai latte,  
turmeric latte, butterfly pea | 4.8 | 5.50

Espresso, short macchiato | 3.5

Double espresso | 4

Alt Milks: | 1

Almond, lactose free, oat,  
macadamia, coconut

Soy Milk

Extra shot, decaf | 1.50

### INFUSE LOOSE LEAF TEA | 5

Pot of tea 500ml

English Breakfast, french earl grey  
chamomile, moroccan mint, green sencha,  
masala Chai, Lemongrass and Ginger

### SMOOTHIES | 9.5

#### Blind Date

Banana, rolled oats, cinnamon, dates, milk

#### Mango Unchained

Mango, papaya, passionfruit, apple juice

#### Berry & the Beast

Mixed berries, chia seeds, cherries, apple juice

#### Tim Kale

Kale, celery, spinach, banana, spice blend, apple juice

### BREAKFAST COCKTAIL

#### Prosecco Mimosa | 15

Vignarosa Prosecco, Orange juice

#### Bloody Maria | 17

Tequila, tomato juice, sriracha,  
Worcestershire with fresh lime

#### Baileys Iced Coffee | 16

Baileys Irish Liqueur, espresso, vanilla ice  
cream, milk topped with whipped cream

### SQUISHED COLD PRESSED JUICES | 9

#### Fresh Orange Juice

#### Bazinga

Ginger, pineapple, lime, pear, apple, carrot

#### Hakuna Matata

Apple, watermelon, strawberry

#### Hulk

Kale, lemon, apple,

#### Dr Beet

Beetroot, celery, apple

### SHAKES AND ICED DRINKS

#### Oreo Shake | 9.5

Oreo cookies, ice cream, milk,  
chocolate sauce, whipped cream

#### Classic Milkshake | 8.5

Chocolate, strawberry, caramel, vanilla,  
banana, spearmint or blue heaven

#### Iced Coffee | 9

#### Iced Mocha | 9

#### Iced Chocolate | 9

#### Iced Latte | 6

#### Iced Long Black | 6

#### Iced Chai | 7

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